

Recetas Con Miel



Honey Almond Body Scrub

Combine:

- 2 teaspoon ground almonds.
- 2 teaspoon honey.

Form a paste. Rub into your face with a circular motion. Rinse with warm water. You could easily increase the quantities to treat your whole body.

This scrub is finger-licking good. The texture from the ground almonds exfoliates the skin, while both the almonds and honey moisturize.